

## South London Cardiac and Stroke Network SWL Stroke Rehabilitation Workstream Plan

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**Workplan Owner:** Rachel Sibson

**Date completed:** March 2011  
**Date:** 2011/12 FY  
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**Circulation:** Workstream members, SLCSN

### Aims

The aim of this workstream group is to:

- Champion the benefits of coordinated stroke specific rehabilitation
- Facilitate a sector wide approach to the delivery of high quality and equitable stroke rehabilitation services including integration of stroke patients back into their communities
- Identify future service development needs and make recommendations to facilitate the continuous improvement of these services across the sector

### Objectives

The objectives of the workstream group are to:

- Identify and address delivery gaps and issues for stroke rehabilitation services across SWL including those identified in the CQC report
- Monitor against agreed LMDS for rehabilitation and any other locally agreed measures or performance indicators
- Identify and log risks and issues and ensure actions are taken to mitigate risks and manage issues
- Identify need for specific, time limited, action focussed task groups as required e.g. therapies workbook development group, outcome measures and six-month post stroke reviews groups
- Evaluate and monitor the progress on the work of the task groups at agreed regular intervals and ensure delivery against agreed actions
- Facilitate involvement / representation of all relevant professionals, organisations and agencies
- Ensure patients and carers views are incorporated into the workstream task groups and the work plans
- Identify and address training and education needs to improve consistency across sector professional groups and MDTs
- Facilitate communication and information sharing within and between organisations
- Work with commissioners and providers to obtain further information on provision of vocational rehabilitation
- Review current provision of end of life care and potential areas for improvement, share good practice, including processes to support patient choice

Actions/Activity	Outputs/Outcomes	Responsible	Timescales for delivery
Meet on a quarterly basis	Attendance lists from minutes reflects involvement of relevant professionals and organisations	Workstream	Monitored quarterly
Ensure established guidelines and protocols are kept up to date & shared e.g. ESD and CNRT referral pathways, criteria and contacts lists		Elaine Hayward & Workstream	When required
Provide robust quarterly data on: <ul style="list-style-type: none"> <li>Referral numbers to ESD and CNRT</li> <li>LMDS rehab measures</li> </ul>	Services submitting data against LMDS and other locally agreed measures	Providers	Quarterly
	Continuous improvement against these performance standards	Network team	Monitored quarterly
Review rehabilitation provision across the sector and identify gaps and areas for improvement (including links to CQC review of stroke services)	Gap analysis of Vocational rehabilitation provision	Network	Monitored quarterly
Identify risks and issues at each meeting and actions to mitigate and manage these	Evidence in minutes of current risk and issues identified and agreed at each meeting prior to Pan London board report	Workstream	Monitored quarterly
Ensure patients and carers views are incorporated into the workstream task groups, the work plans and their ongoing work	Evidence of patient and carer views being sought	Workstream/ Network team	Monitored quarterly
Consider GP engagement in all tasks/projects and for any guidelines protocols developed	Evidence of GP involvement	Members	Ad hoc
Recommend the minimum standards of competency for nursing and support staff in acute, community in patient rehab wards and nursing homes to support therapy treatment	Recommendations made to SU Nursing competencies group on the nursing competencies required to support ongoing therapeutic care.	South London Therapy groups	September 2011
<b>Monitor progress of following task groups/work areas</b>			
Reviews	Evidence in minutes of feedback from active task groups	Workstream	Monitored quarterly
Outcome measures	Evidence in minutes of feedback from active task groups	Aimee Pinto	Monitored quarterly
SALT, OT & PT Workbooks	Evidence in minutes of feedback from active task groups	Therapy workbook	Monitored quarterly

		groups	
	Accreditation from SSEF for therapy workbooks	Therapy workbook groups	October 2011
ASI projects	Evidence in minutes of feedback / regular reports on ASI project progress and shared learning across the sector	Alice Jenner	Quarterly
<b>Co-dependencies/linkages</b>			
<ul style="list-style-type: none"> <li>• ASI Workplan</li> <li>• Therapies Working Groups</li> <li>• HASU Nursing Competencies</li> <li>• SU Nursing Competencies</li> <li>• Acute workstream</li> <li>• Life After Stroke Workstream – commencing in Q2 2011/12</li> </ul>			
<b>Reporting</b>			
<ul style="list-style-type: none"> <li>• Accountable to the Strategy and Commissioning Group (SCG) - new</li> <li>• Report quarterly – following each meeting to the SCG</li> <li>• Feed in to Network strategic reports e.g. Commissioning Groups/PLCSNB etc. Risks and issues to be highlighted in these reports.</li> </ul>			
<b>Workstream Chairs:</b> Rachel Sibson			
<b>Workstream members:</b> At least one management representative from each service, senior clinical representative from therapies, representing both acute and ESD and CNR services; representation from Social care, support services and voluntary sector and SLCSN representative. A rotational/single individual to regularly attend the SWL acute workstream to ensure both workstreams are linked			
<b>Network Leads:</b> Janelle Devereux & Elaine Hayward			