

St Helier TIA Pathway

Purpose of Pathway
All High Risk TIAs need to be assessed, investigated, started on secondary prevention and where applicable referred to Vascular Surgeons all within 24 hours of presentation to medical services

Patient has neurological symptoms suggestive of TIA*

*If patient has neurological symptoms still present at assessment stroke is likely diagnosis. They need immediate transfer to HASU at St George's Hospital

*TIA unlikely:
Confusion (beware dysphasia)
Loss of memory
Isolated vertigo
Faintness
Syncope

ADMIT:
Strokes (to SGH)
TIA patients on warfarin (need urgent scan at St Helier)
TIA and medically unstable (St Helier)

Assess ABCD2 Score
Give aspirin 300mg

ABCD2 Score		
Age > 60		+1
Blood Pressure > 140/90		+1
Clinical	Unilateral weakness	+2
	Speech disturbance only	+1
Duration	>60 minutes	+2
	10-59 minutes	+1
	<10 minutes	+0
Diabetes		+1
Total		—/7

LOW RISK
ABCD2 Score 3 or less

To be seen and investigated within 1 week of the onset of symptoms
Fax referral to the TIA clinic on 020 8296 2421 using TIA referral form**
Patient advised not to drive
Ask patient to phone stroke secretary on 020 8296 2404 next working day for "low risk" appointment

High risk of Stroke

- ABCD2 Score 4 or more
 - Crescendo TIAs (2 or more in a week)
- To be seen, investigated and treated within **24 hours of presentation to medical services** (i.e presentation to paramedics, GP, A&E)

Monday - Thursday
0800-1600 hours
Friday 0800-1200 hours

- Refer directly to **Stroke team on TIA phone 07791 123499**
- for assessment within 24 hours of presentation
- Patient advised not to drive until assessed
- Fax **TIA referral to 020 8296 2421

Sunday-Thursday
1600-0800 hours

- Ask patient to telephone stroke secretary on **020 8296 2404** at 0900 to arrange assessment
- Fax **TIA referral to 020 8296 2421
- Patient advised not to drive until assessed
- Give patient copy of referral

Friday 1200-Sunday 1600 hours
Bank Holidays

- Patient must be assessed and treated within 24 hours of presentation to medical services**
- Arrange admission via medical registrar
- FBC, clotting, ESR, glucose, lipids, U&E, LFT all patients
- MRI brain & carotid doppler available Saturday mornings (radiographer will contact medical registrar)
- CT brain & carotid Doppler available Sunday mornings-consultant/consultant referral required for CT, medical team to liaise with sonographer in room 3 for doppler
- If no haemorrhage on scan prescribe **antiplatelets and statin**
- If 50% or more symptomatic carotid stenosis on Doppler, do **NOT** discharge until stroke team assessed
- Discharge **only** when all investigations complete and patient on treatment
- Ask patient to telephone stroke secretary on 020 8296 2404 on next working day to arrange follow up appointment
- Patient to be given photocopy of completed TIA proforma **
- Fax completed **TIA proforma to stroke secretary on 020 8296 2421 for follow up

**TIA referral form and TIA proforma available on intranet & trust website

Advise Patient not to drive for 1month