



# **BHF Arrhythmia Nurses**

**Evaun Teoh**

**Michael Sampson**

St Georges Hospital

6/10/10

- In post since 2007 as part of BHF Nurse Project
- Worked in conjunction with Cardiac & Stroke Network
  - BHF funding ended – currently as part of St Georges Hospital's Cardiology team
  - Adopted by BHF

- Nurse led Cardioversion Service
- Rapid Access AF clinics
- EP pre assessment
- Diagnostic testing for Inherited Cardiac Conditions – specifically arrhythmias ie Brugada; Long QT (in development); accessory pathway
- Arrhythmia Nurse and Physiologist led Tilt Service

- New patient referrals via Rapid Access service (GPs; A&E; Other disciplines)
- Confirmed AF on ECG
- Clinical evaluation (severity of symptoms; stroke risk assessment; diagnostics; rate and rhythm management)
- Patient education & point of contact
- Pre assessment prior to cardioversion
- Perform cardioversions
- Post cardioversion follow up

# Rapid Access AF clinic

Accept faxed referrals directly from:

- GPs
- A&E Dept
- ECG Dept
- Other consultants (other disciplines)

- Six new patient slots (per week)
- Target patients to be seen within 2 weeks
- Referral for diagnostics; anticoagulation
- Rate and rhythm management
- Two separate clinics for follow ups

## Contact details

- Contact details:  
Arrhythmia Nurses Office: **020 8725 4140**
- St Georges Hospital Main switch: 020 8672 1255
- Evaun Teoh – **Bleep 7732**
- Michael Sampson – **Bleep 7930**
- Fax: **020 8725 4117**
- Email: [evaun.teoh@stgeorges.nhs.uk](mailto:evaun.teoh@stgeorges.nhs.uk)
- [michael.sampson@stgeorges.nhs.uk](mailto:michael.sampson@stgeorges.nhs.uk)