

Communication Support Pathway in Kingston

Chris Jones / Andy Hamilton

Working in partnership



Introduction

- Chris Jones - Stroke Co-ordinator
Social Worker
Royal Borough of Kingston
- Andy Hamilton - Principal Therapist
Speech and Language Therapist
Your Healthcare



your healthcare

Presentation Objective

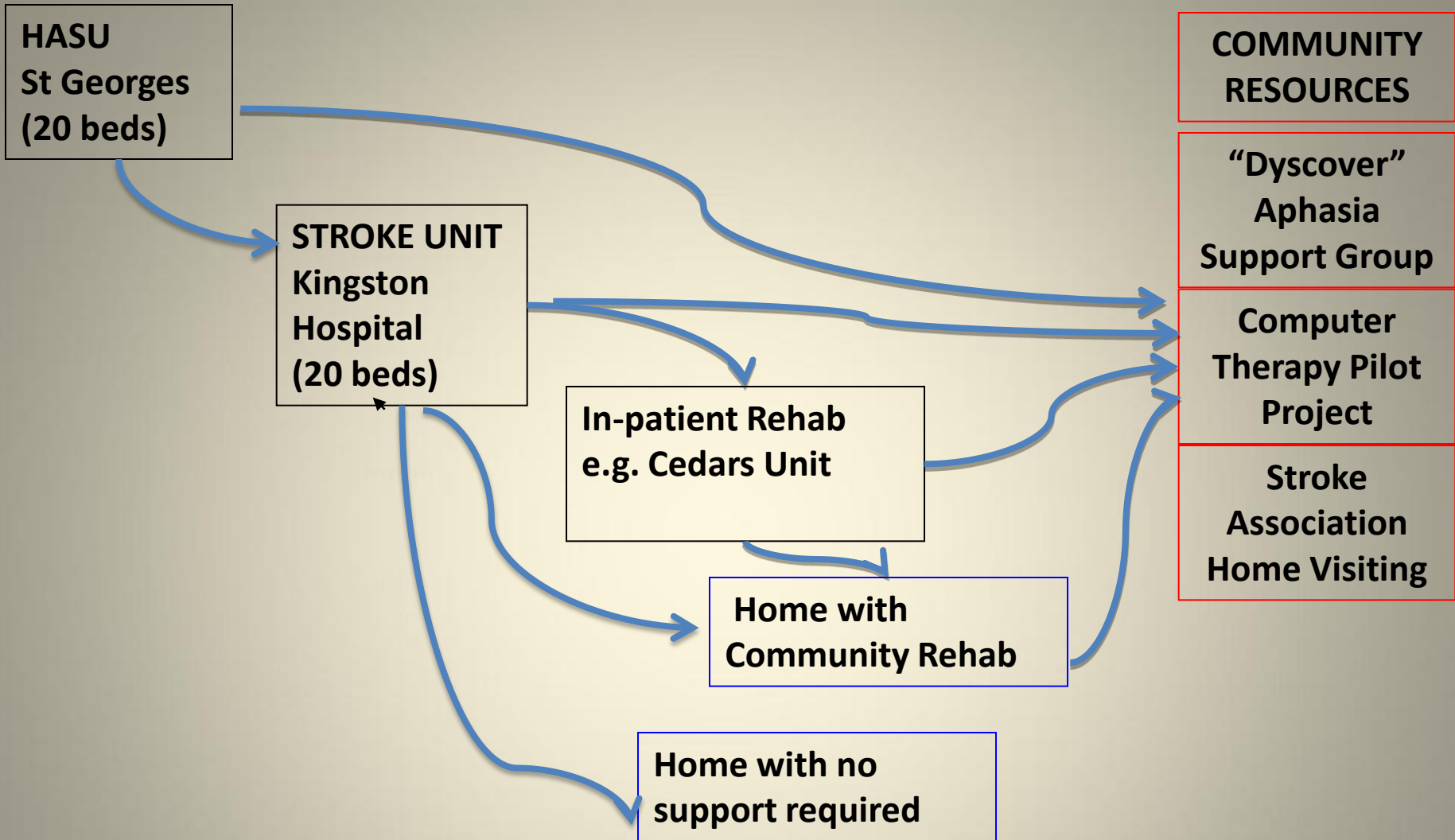
- Provide an insight into the development of the communication support pathway in Kingston

Rationale for the development (How and Why?)

- 3 year DH stroke (National Stroke Strategy)
- Demonstrating how to deliver stroke care for adults in the community (Local Authority Circular, DH, 2009)
- Transforming Adult Social Care (LAC, DH 2008)

Kingston – A patient journey

- Patient journey of a stroke survivor with communication difficulties:



Communication Support – Community Resources

- “Dyscover” Aphasia Support Group
- Stroke Association Home Visiting service
- Computer Therapy Pilot Project
- Complementary Resources:
 - Kingston Workstart (employment support)
 - Communication Access Project

“Dyscover”

- Communication support group for those with aphasia
- Meets weekly
- Wide range of activities from discussion groups to sailing!
- Also host carers’ support groups and training opportunities for carers

Stroke Association – Home Visiting Service

- Led by Communication Support Coordinator
- Trained volunteers provide home visits
- Offers 1-1 Conversation Partner Programme to support / develop communication skills
- Max. 16 week input

Computer Therapy – Pilot Project

- Evidence base
- Software used: “StepbyStep”, “React2”
- Computer Therapy programme:
 - Design: SLT
 - Implementation: trained volunteer
- Laptop loan available
- 30 minute daily use encouraged
- Currently 13 participants (aged 31-84)
- Robust evaluation

Kingston Workstart

- Team providing employment support to adults following ill-health/with disabilities
- Support with job retention
- Support to gain employment
- Support to find work placements/voluntary work

Communication Access Project

- Project coordinated by SLCSN
- Training from Connect
- ‘Champions’ identified from each SWL borough to disseminate training in locality to improve access for those with aphasia in terms of: **environment, documents and interactions**

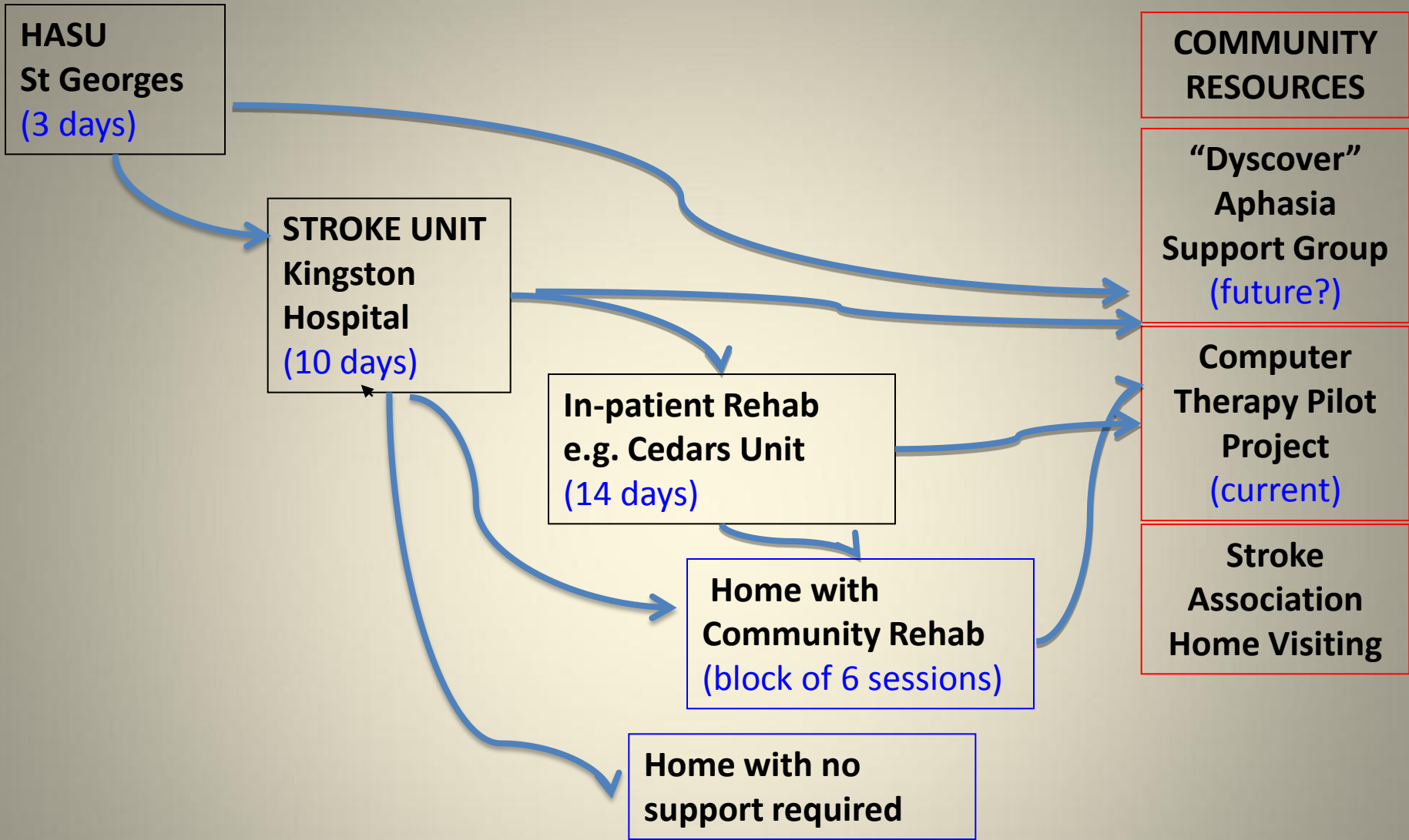
Aims for Kingston Project:

- Promote good practise across all settings
- Provide training and support across all sectors
- ‘Place shaping’ with private and voluntary sector

Case Study

Mr A:

- 70 year old man
- 5 months post-stroke
- Primary difficulties: expressive and receptive aphasia and dysphagia
- Also mild residual right upper and lower limb weakness



HASU
St Georges
(3 days)

STROKE UNIT
Kingston
Hospital
(10 days)

In-patient Rehab
e.g. Cedars Unit
(14 days)

**Home with
Community Rehab**
(block of 6 sessions)

**Home with no
support required**

**COMMUNITY
RESOURCES**

"Dyscover"
Aphasia
Support Group
(future?)

**Computer
Therapy Pilot
Project**
(current)

**Stroke
Association
Home Visiting**

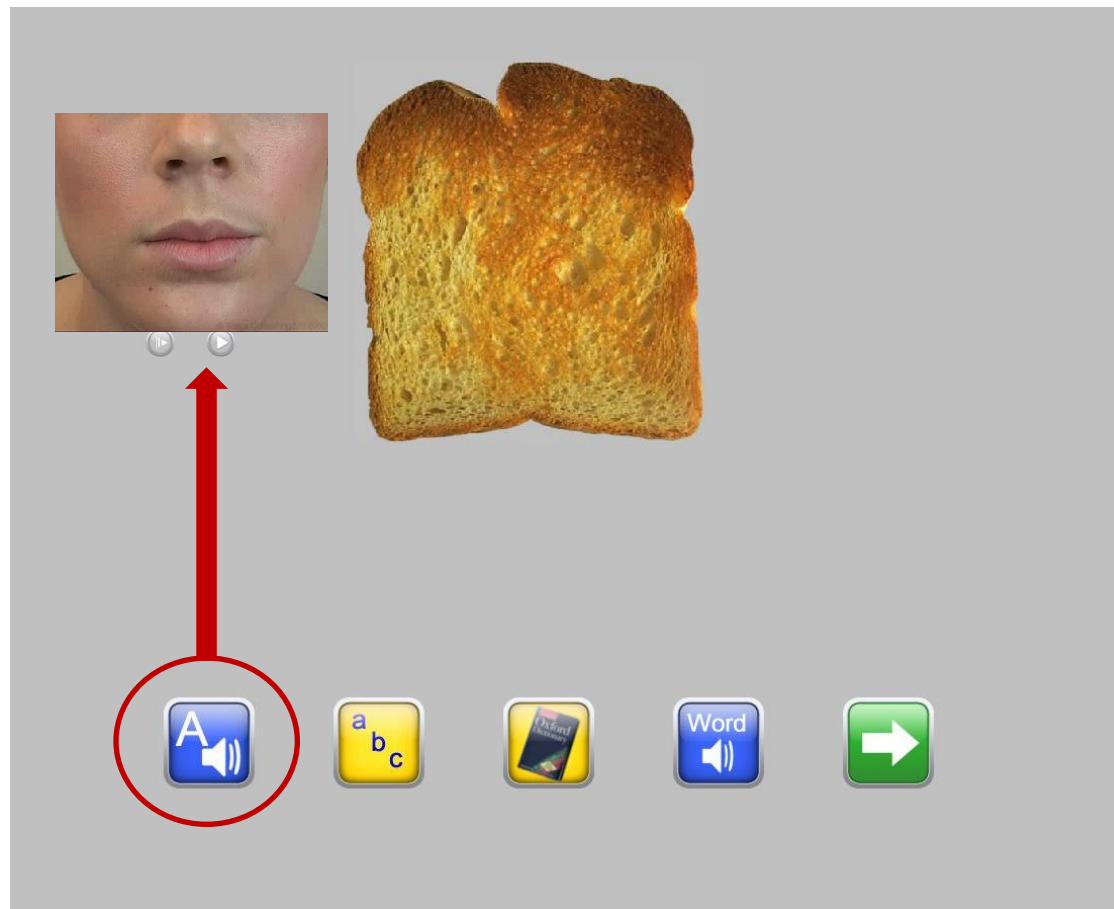
Computer Therapy Example

Mr A is using the StepbyStep software

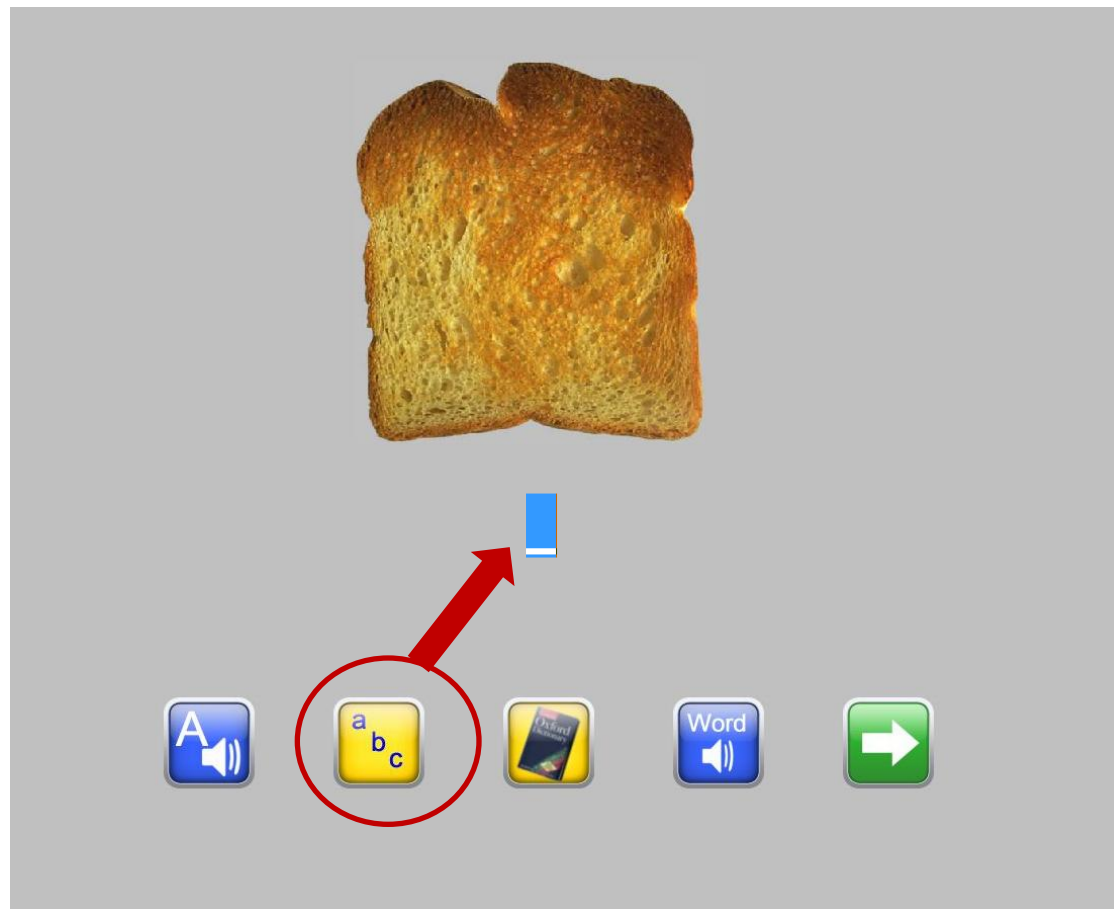
Programme includes:

- Visual processing tasks
- Semantics tasks
- Naming tasks
- Repetition tasks
- Spelling tasks

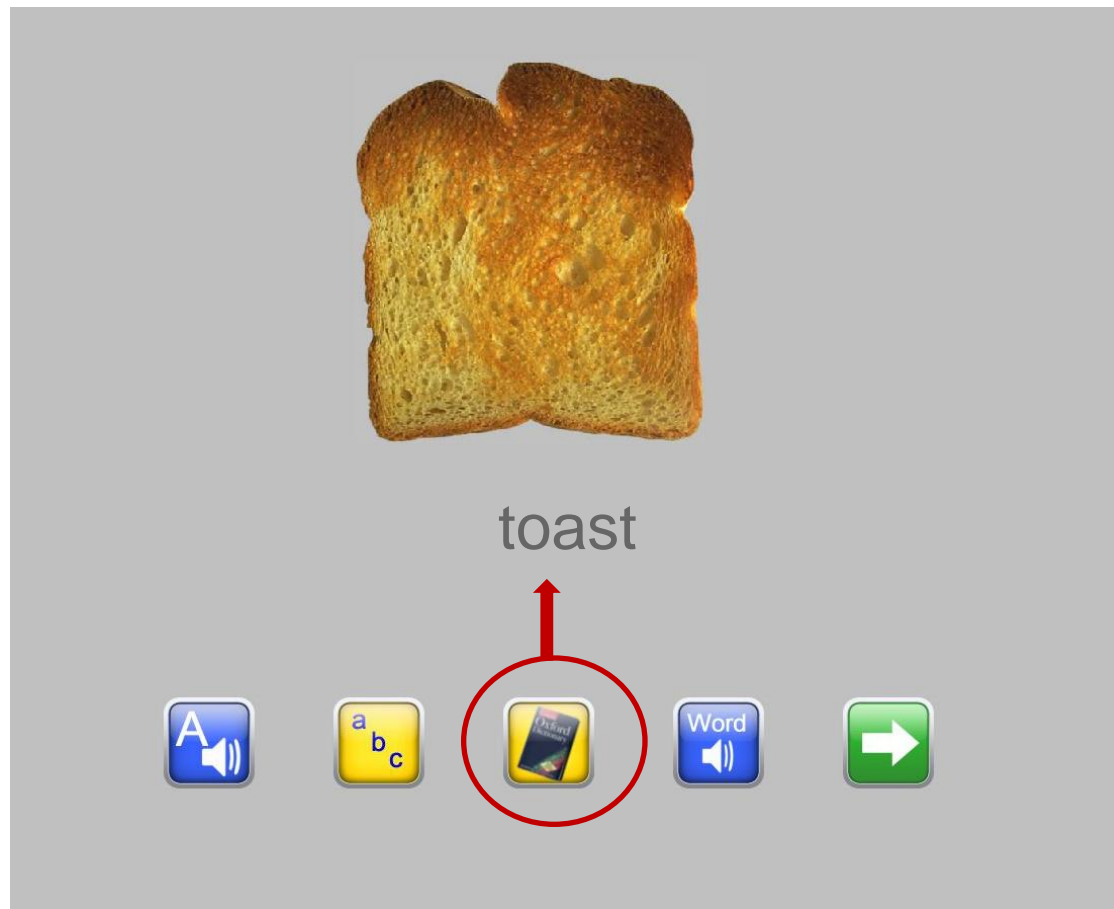
Example 1: Naming tasks



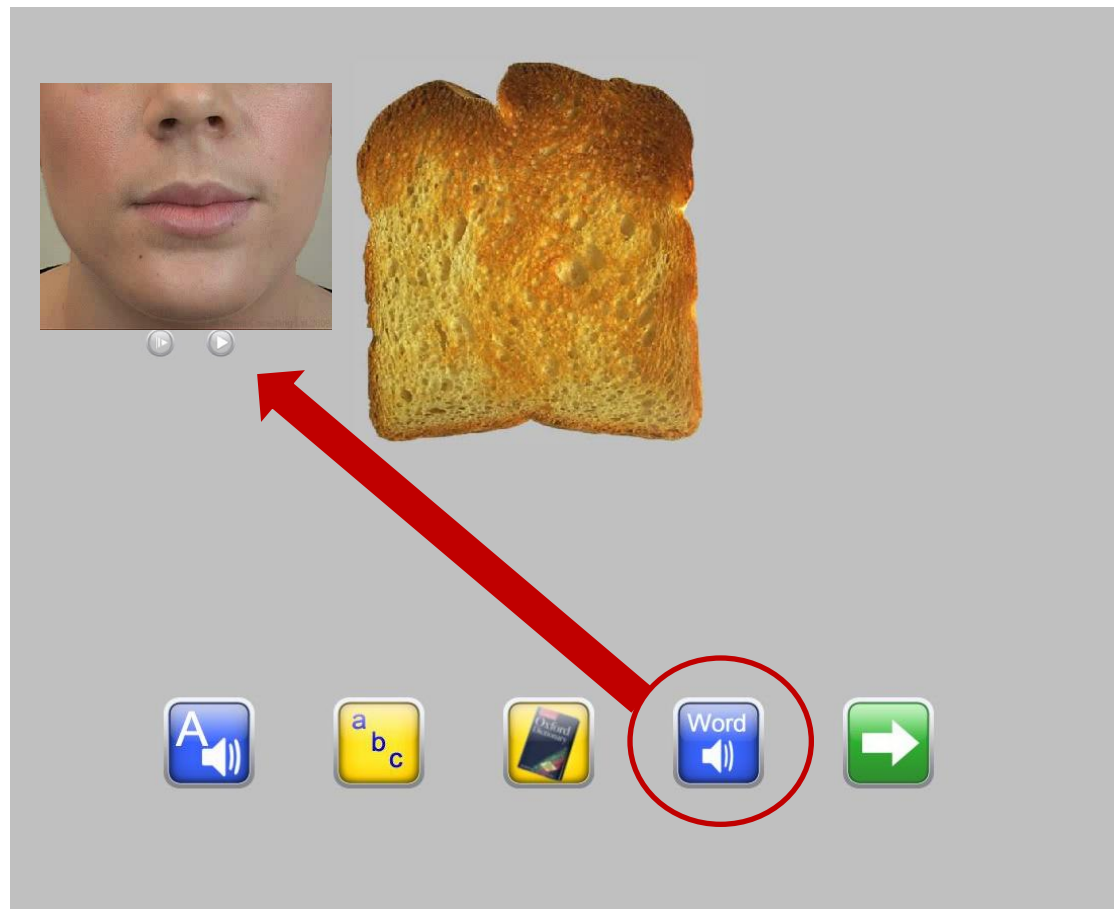
Example 1: Naming tasks



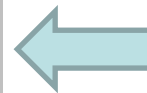
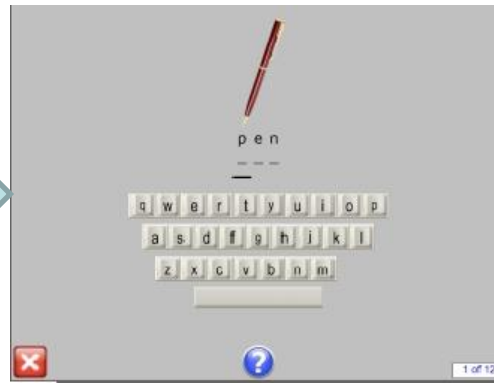
Example 1: Naming tasks



Example 1: Naming tasks



Example 2: Spelling tasks



Any Questions?

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