

Joint Health and Social Care Plans for Stroke Patients - A pilot project at St George's Healthcare NHS Trust

Project background overview

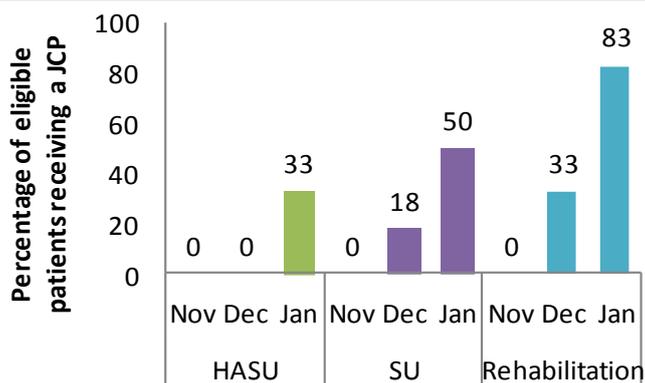
Metric 7 of the Accelerating Stroke Improvement programme sets a target for 85% of patients to have a copy of their joint care plan (JCP) on discharge from hospital.

Keen to continuously improve the quality of the service provided to patients, St George's Healthcare used funding from the Accelerating Stroke Improvement programme to appoint a project lead for four months to develop and pilot joint care plans in the Trust.

A **joint care plan** has been defined as *documented evidence of an assessment and management plan which takes into account the patient's and carer's health and social care needs.*

Aims

To work with patients, carers and staff to develop and pilot JCPs for stroke patients on discharge from hospital, and to meet the set target of 85%.



Results

The proportion of eligible patients leaving hyper acute stroke unit (HASU), stroke unit (SU) and rehabilitation with a JCP increased during the pilot.



Achievements

- Established a method of identifying patients who need a JCP
- Used patient feedback to develop a prototype JCP
- Piloted the JCP in hyper acute, acute and rehabilitation settings, and received feedback from patients
- Quantified the time involved to undertake joint care plans

Lessons learned

- Clear criteria for identifying who needs a JCP are required
- HASU patients are less likely to need JCPs
- Patient feedback suggests care planning may be more usefully when performed in the community rather than in hospital
- Joined up commissioning with social care is essential

Feedback from patients and carers

- 55% of patients could recall receiving a JCP, although 85% received one.
- 33% of patients could recall the discussion on which the JCP is based.
- 88% of patients said they were happy with the information they received – similar to before the pilot.

Contact

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