

Six Month Stroke Reviews in Lambeth and Southwark

Project background overview

Lambeth Community Health looked at the national evidence for six month reviews with the aim to develop a model for system-wide implementation across Lambeth and Southwark. Evidence shows that reviewing a patient six months after they have suffered from a stroke offers a unique opportunity to support management of and adjustment to long term consequences of stroke.

Aim

To improve the quality of life and long term care for stroke survivors.

Objectives

- A six month review is offered to all stroke survivors
- The reviews should be holistic and addresses all areas of need at six months
- Reviews are standardised to ensure quality and consistency of the reviews and data collection
- Reviews are embedded within the existing stroke care pathways
- Reviews are delivered by people with stroke specialist knowledge
- There is clarity about roles and responsibilities

What are the potential benefits of the reviews?

- Stroke survivors progressing further than expected in rehabilitation
- Avoidance of unnecessary hospital admission
- Improved compliance with medications
- Increased quality of life
- Early identification of carer strain
- Reduced dependency and potential for reduction in adult care services

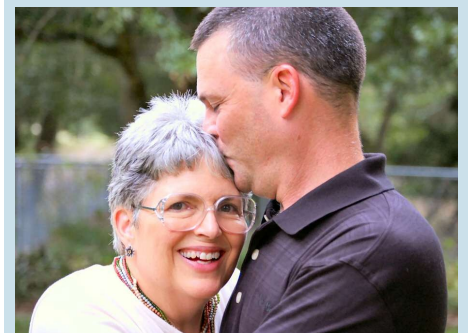
References

[GM-SAT: Greater Manchester Stroke Assessment Tool](#)



Achievements

- Ensured patient and carer input into service development
- Developed and implemented protocols for co-ordinating stroke reviews with social care services
- Identified joint funding between health and social care
- Developed metrics and data collection processes (in conjunction with key stakeholders in the local stroke pathway)
- Contracted service from [The Stroke Association](#)



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