



Oct 2012 issue

Highlight report

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Newsletter roundup links

[NHS Improvement Stroke e-bulletin](#)

[National Heart Forum eNews briefing](#)

[Cardiac Rhythm News](#)

Senior responsible officer - Lucy Grothier
Director, South London Cardiovascular and Stroke Network

Update: the future of Networks

Work continues within the NHS Commissioning Board to finalise the structure of the new strategic clinical networks, set to commence in April 2013. A single operating model will be established across the country; however London is likely to adapt this to fit local structures. Denise McLellan, the transitional lead for clinical networks and senates, will be meeting directors and clinical leads in stroke and cardiac networks in November.

Legal limits on information sharing

HSJ reports that 'lawyers have warned of the legal limits on sharing information with private companies when running preventative initiatives after a primary care trust was found to have broken the Data Protection Act'. [Read the full HSJ article.](#)

Nursing Times award winners

The winners of the Nursing Times 2012 awards were presented at London's Hilton Park Lane hotel on 31 October. Of 848 award entrants, 192 were shortlisted, including Guy's and St Thomas' NHS Foundation Trust, for their heart failure team's nurse-led heart failure clinics in primary care. Sara Nelson, associate director for the SLCSN, judged the cardiovascular services section and presented one of the awards.

Footballer Muamba backs sudden cardiac arrest campaign



In March 2012, footballer Fabrice Muamba (aged 23) collapsed on the pitch suddenly during a televised FA Cup match between his club, Bolton Wanderers, and Tottenham Hotspur. Fabrice had suffered a sudden cardiac arrest. On medical advice Fabrice retired from professional football in August 2012. He has since returned to an active life and has given his backing to Arrhythmia Alliance's Hearts & Goals campaign. An [AED](#) was used to defibrillate Fabrice's heart on the pitch immediately after his sudden cardiac arrest. Prompt attention is vital and his story illustrates the importance of instant access to defibrillators to prevent deaths. To request an AED for your community, donate to the campaign or to apply for training, email Hearts and Goals, or call 01789 450787. Read the [full story here](#).

Additional documents:

[QIPP Planner](#)

Information requests:

Email info@slcsn.nhs.uk or visit the [Network website](#).

NHS Health Check / prevention

Learning event for NHS Health Check

[NHS Health Check National Learning Network event](#), 28 November, Holiday Inn, Bloomsbury, London - a policy update from Dept Health, presentations, discussions and interactive group work on emerging issues and themes affecting NHS Health Check programme.

Exclusion read codes agreed

NHS Health Check exclusion read codes have been agreed through discussion with clinicians in the relevant fields in partnership with the Health and Social Information Centre. View the [complete list](#).

New NHS Health Check website

NHS Diabetes and Kidney Care have launched the new [NHS Health Check website](#). Features include a password protected members' area, interactive map containing local activity details, performance data and contact information, a 'Managing your Programme' tool containing all the resources you need for local NHS Health Check programmes, the latest NHS Health Check guidance documents, tools and resources and brand identity elements and national promotional resources. For a password complete the [NHS Health Check data collection form](#) and send to the [NHS Health Check team](#).

The Network has developed a '[transfer of care document](#)' to complement the [novel anticoagulant position statement](#) and [dabigatran prescribing guidance](#). The following guidelines are now available for download:

- [Rivaroxaban](#) prescribing guidelines
- [ACE, ARBs](#) and [beta blockers](#) heart failure guidelines

The pharmacy working group meeting was held on 18 October. Please email [Sara Nelson](#) if you are interested in joining this group. We welcome representatives from clinical commissioning groups.

The SLCSN chest pain pathway and revascularisation will be holding a sub-group meeting focusing on community cardiology on 11 Dec from 1300-1500. The national MINAP report will be published on 15 November 2012. Please email [Sara Nelson](#) if you would like to join the group.

Cardiac rehabilitation

The Network is working with NHS Greenwich to develop its business case for cardiac rehabilitation. For further information please contact [Alison Basa](#).

Arrhythmia / atrial fibrillation

Shortlisted for awards

A stroke prevention in primary care project has been shortlisted for two awards. The pioneering work of Stephanie Cruickshank, arrhythmia nurse specialist from St Helier Hospital, in a south London Network facilitated project, supporting local GPs caring for patients with atrial fibrillation to prevent strokes, has recently been shortlisted for a British Heart Foundation Achievement Award with the winner to be announced at the British Heart Foundation (Health Care Professionals and Hearty Lives) Annual Conference, Birmingham in November.

This stroke prevention project has also been shortlisted for a Best Practice Award at the annual conference of the British Journal of Primary Care Nursing and Primary Care Cardiovascular Journal. (Issues and Answers in Cardiovascular Disease: Applying the evidence in primary care today). The winner will be announced at the Warwick conference taking place on 16-17 November.

Policy for Implantable Cardiac Defibrillator Deactivation (ICD)

The SLCSN has developed an ICD deactivation policy which is currently out for consultation. Please email [Richard Whitfield](#) for further information.

Heart failure

New algorithms for heart failure:

- [GP Heart Failure Algorithm for commissioners - diagnosis](#)
- [GP Heart Failure Algorithm for GPs - diagnosis](#)

For further information email [Alison Basa](#).

Prescribing

Chest pain pathway

Reperfusion Revascularisation

Life After Stroke

The Network met with the Stroke Association this month to discuss 'life after stroke' issues across London. The Network is preparing a status report on life after stroke which will be shared in the next few weeks. For more information contact [Vanessa Brunning](#).

Rehabilitation

On 3 October 2012, providers from the specialised neuro-rehabilitation consortium met local stroke units in south London to share information about what the units can offer and how to get in touch. For more information, or a copy of the presentations, please email [Vanessa Brunning](#).

A visit to Queen Mary Roehampton and the Wolfson Unit, St George's Hospital, took place on 28 September 2012. The result of this visit will form part of a pan-London review into non-consortium inpatient stroke beds for stroke patients, led by Professor Tony Rudd, which will report next month.

Commissioning, contract and financial implications

A QIPP 2013/14 planning tool has been designed for south London cardiovascular commissioners called [QIPP Planner](#). For assistance with using QIPP Planner or for more comprehensive commissioning support contact [Sara Nelson](#).

2012-13 Quarter 1 performance reports are now available for stroke units and hyper-acute stroke units in south London, covering the London stroke standards and collected by the London networks for [south east London](#) and [south west London](#).

For more information contact [Helen O'Kelly](#).

Early supported discharge and community rehabilitation

At the south London rehabilitation workstream meeting on 18 October the group agreed to use a new revised reporting system developed by the Network to help stroke community services provide robust performance data. Commissioners can support the Network by ensuring the metrics, and the need to share this data with the Network, is included in contracts with community providers (see the [south London service specification](#) for more information).

Further information about how early supported discharge can support QIPP planning is included in the Network's [QIPP Planner](#), a tool designed for commissioners to assist with cardiovascular commissioning.

Professional development, resources and events

Stroke self-management open workshops - 14-15 November 2012 @ St Georges Hospital, University of London, £350. For more information visit [Bridges website](#), [email Bridges](#) or call 0208 725 2445.

UK Stroke Forum, 4-6 December 2012 @ Harrogate International Centre, up to £480 - for more information visit the [conference website](#).

Different Strokes Conference – 'Therapies for body and mind' - 13 October 2012, Birmingham. – for more information visit the [Different Strokes website](#).

MSc modules, Department of Primary Care Clinical Sciences, University of Birmingham
[Management of Hypertension in primary care](#)
– 11-14 February 2013, £500

[Management of Heart Failure in primary care](#) - 26 February–1 March 2013, £500

15th Annual Autumn Meeting, British Society for Heart Failure – 'Heart failure, a multi-disciplinary approach', 29-30 November 2012 @ Queen Elizabeth II Conference Centre, London – for more information visit the [British Society for Heart Failure website](#).

'Issues and Answers in Cardiovascular Disease: Applying the evidence in primary care today' - 16-17 November 2012 @ Warwick University – for more information visit the [conference website](#). GPs can apply for an educational bursary for fully-funded delegate places.

Professional development, resources and events

Continued >>>

>>> Professional development, resources and events

Cardiovascular Sciences Research Centre annual scientific meeting [Lipids & Lipoproteins - 29 November 2012](#) @ Royal Society of Medicine, London; Places are free to St George's members of staff, NHS nurses, UK medical trainees and students.

Masterclass: [Setting-up a nurse-led cardiovascular clinic](#), 6 March 2013 @ Hallam Conference Centre, London.

[Integrated commissioning conference](#), 29 October 2012, London - a free event for NHS colleagues by the NHS Commissioning Board Authority and the Local Government Association aimed at NHS commissioners, providers and local authority colleagues.

['Innovate to activate' conference](#) from The British Heart Foundation National Centre for Physical Activity and Health, 22 November 2012 - new ways to promote physical activity and reduce sedentary behavior @ East Midlands Conference Centre, Nottingham.

The Stroke Association offers a ['Life After Stroke Training Programme'](#) to ensure all relevant agencies have the appropriate knowledge and skills to enable their staff to provide high quality levels of care and support for people affected by stroke.

[All about anticoagulation](#) event, 28 November 2012 @ Hilton hotel, Croydon – a free interactive education session for GPs, nurses (primary and secondary care), secondary care clinicians, pharmacists and commissioners.

Network diary dates

7 Nov 2012 repatriation meeting south London 1400-1600, Network office

14 Nov 2012 industry working group meeting 1000-12000, Network office

28 Nov 2012 prevention meeting south London 1300-1500, Network office

10 Dec 2012 stroke acute workstream meeting south west London 1400-1600 Wilson Hospital

11 Dec 2012 south London community cardiology meeting 1300-1500, Network office

14 Dec 2012 stroke acute workstream meeting south east London 1000-1200, Network office

NHS South London Cardiovascular and Stroke Network

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Circulation: NHS South East London and NHS South West London