



South London Cardiac and Stroke Network Highlight report - April 2012

March 2012

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Report through 30th April 2012

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London Cardiovascular Project update

The London Cardiovascular Project has come to a close. Implementation of the acute model of care has been achieved across South London.

All SW and SE local units have been assessed. Action plans in development will maintain and build local services to meet the quality standards for arrhythmia services and arrhythmia clinics.

review in July, when Q4 performance data will be available. The Q4 performance report will be presented in June to the Pan-London Cardiac and Stroke Network Board.

NSTEACS

The high risk NSTEMI pathway is live for all units in South London (includes South East and South West).

Cardiac surgery

Central units **are ready to** deliver the new model of care and quality standards as part of service delivery for 2012/13. The Network assessed and developed action plans for all sites. The Network is now lending its support to sites through the development of training packages for inter-hospital transfers (IHT) to ensure good governance and quality information transfer is embedded into processes as *business as usual*.

Mitral valve

King's College, St Thomas' and St George's hospitals have confirmed in writing that all low volume surgeons undertaking elective mitral valve (MV) operations have stopped undertaking this work, as per the model of care. A network-wide audit of HES data and CCAD information will confirm the changes to service.

Performance KPIs for NSTEMI pathway have been sent to NHS London for sign off to ensure consistent monitoring of the new pathway.

Arrhythmia

Following assessment, all central units in South London are operating the agreed 24/7 emergency referral pathways. Central units at St Thomas', St George's and King's College hospitals are now linked with local units, creating new networks in both SE and SW.

Non elective cardiac surgery

Network teams have agreed analysis criteria for non elective IHT length of stay (LOS) reporting (first time isolated CABG). Project managers will conduct a final

The MV audit process against the Society of Cardiothoracic Surgeons (SCTS) CCAD database is progressing well. It is hoped that the data needed to measure bi-annual key performance indicators (KPIs) will be in place to populate the September performance report as planned.

(continued on back)

Network and partner newsletters

- [SLCSN news for patients and public](#)
- [Stroke-news](#)
- NHS Improvement news
 - [Stroke Improvement Programme news](#)
 - Heart Improvement Programme news
- [National Heart Forum](#) -
 - [e-Briefing](#) (2nd May 2012)
 - [eResearch](#) briefing archive
- [Cardiovascular News International](#)
- [British Heart Foundation news](#)

NICE guidance on your smartphone



The [official NICE Guidance app](#) is available to download now for users of Android and iPhone smartphones.

The free app allows quick and easy access to all of NICE's recommendations and advice, and has been developed in response to demand from users of NICE guidance.

Aimed at healthcare professionals, including doctors, nurses and medical students, the app allows users to search, browse and explore all of the guidance produced by NICE.

For more information about The Stroke Association and Sip for Stroke, including information on holding your own event, please visit The Stroke Association's website, www.stroke.org.uk

SLCSN raises funds to support stroke

The SLCSN team held a Sip for Stoke event to raise money for The Stroke Association. The team sold homemade cakes and biscuits, served with tea, raising more than £105 for people affected by stroke.



How fundraising can help The Stroke Association

- £5 helps to provide 15 people with crucial stroke leaflets.
- £10 can purchase specially designed large-handled cutlery for use by people after stroke.
- £20 keeps The Stroke Association's National Stroke Helpline open for open hour for advice to a single caller coping with a stroke.
- £50 could contribute to the cost of basic lab equipment to support researchers in vital work to better understand the causes and treatment of stroke.

Prevention and NHS Health Check

NHS Health Check

NHS Diabetes and Kidney Care have [posted their latest e-bulletin](#) in conjunction with NHS Health Check and the Department of Health.

[Slides from the 13th Learning Network event](#) held in March are available online. Topics included the evaluation of NHS Health Check and [community outreach programme in Greenwich](#). The 14th Learning Network event will be held on 17th July .

The Learning Network includes NHS commissioners and providers, independent and voluntary sector organisations, individuals and other key stakeholders who are interested in or actively involved in the implementation of the NHS Health Check.

BHF sign language videos

The British Heart Foundation has released a new British sign language (BSL) video, [Your heart health](#), which describes the risk factors for heart disease and ways to reduce that risk. Other BSL videos in the series include [managing cholesterol levels](#), [eating well](#) and the [implications of diabetes](#).



Arrhythmia and AF

Heart rhythm device audit for South London

The latest Clinical audit of heart rhythm device implantation has been released for each of the cardiac networks. The 2010 data describes local implantation activity alongside national trends and recommendations. Data collection was carried out by [Central Cardiac Audit Database \(CCAD\)](#) with support from [NHS Improvement](#) and the cardiac networks.

- Download the [South East London report](#).
- Download the [South West London report](#).

All cardiac network reports are available through the [National Institute for Cardiovascular Outcomes Research \(NICOR\) web portal](#).

Heart Rhythm Week 21-27 May

The Arrhythmia Alliance (AA) is aiming to raise awareness of heart rhythm disorders during Heart Rhythm Week, 21st -27th May. Get involved by ordering your [free awareness pack](#).

AA will be hosting regional [Cardiac Update meetings](#) for all healthcare professionals involved in the care and provision of arrhythmia services, including treatment of heart rhythm disorders, such as atrial fibrillation. The London event will be held on 22nd May at the London Hilton Hyde Park.

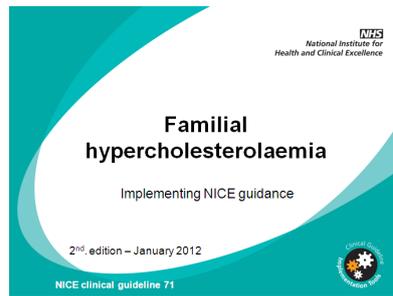


The next SLCSN arrhythmia roundtable meeting will be held on 20th June from noon-2pm at the Network offices. Please email [Richard Whitfield](#) for further information.

Recent NICE guidance

Familial hypercholesterolaemia

Last month's [highlight report](#) featured information about NICE clinical guideline CG71, [Familial hypercholesterolaemia](#), including [implementation advice](#) and an [electronic audit tool](#).



Learn more about the [SLCSN Prevention work stream](#), plus further information to [support FH](#) through the Network website.

New report on FH

Heart UK, the cholesterol charity, has produced a new report on familial hypercholesterolaemia (FH), [Saving lives, saving families: The health, social and economic advantages of detecting and treating familial hypercholesterolaemia \(FH\)](#).

The report highlights the critical issues affecting the implementation of NICE guidance CG71 and Heart UK's recommendations to improve implementation.

Prescribing - New oral anticoagulants

The NICE health technology appraisal (HTA) for **dabigatran** was released in March advocating the use of dabigatran for patients with AF. The rivaroxaban appraisal is due May 2012; apixaban is due February 2013.

An extraordinary meeting on 17th April was held to discuss the implications of these drugs.

- Minutes of the meeting
- Presentation - Overview of AF, issues and background information by Helen Williams, SLCSN Prescribing Lead
- [Interim Network guidance](#) on NOACs in AF - Feedback is being collated for update
- Dabigatran commissioning and budget impact paper for healthcare professionals
- Patient information leaflet

Revascularisation

A SEL Revascularisation meeting was held on 24th April. Quality standards for angiography were signed off and current MINAP data was shared.

The deadline for submission of all MINAP data for 1 April 2011 – 31 March 2012 has been extended to 29 June.

All were reminded to optimise data input so that this report is improved from last year's. The group also review the potential to develop a chest pain sub group.

Please email [Sara Nelson](#) if you would like to join the group.

Upcoming meetings

- 22nd May - Industry Working Group
- 21st June - Cardiovascular Prescribing Forum CCG *representatives are welcome to attend*

Please email [Sara Nelson](#) for further information.

Cardiac rehabilitation

The latest British Association for Cardiovascular Prevention and Rehabilitation ([BACPR](#)) [newsletter](#) is available on the website. It includes details on the October annual conference in Edinburgh, and including the second edition of the [BACPR Standards and Core Components for Cardiovascular Disease Prevention and Rehabilitation](#), further details of the BACPR Annual Conference in October 2012, Members' news, and a comprehensive list of forthcoming events.



The BACPR Standards and Core Components for Cardiovascular Disease Prevention and Rehabilitation 2012



Heart failure

The [SLCSN heart failure commissioning guide](#) aims to demonstrate what good heart failure services look like.

Commissioners across the region are encouraged to review the guide and implement its use.

Currently all SEL boroughs are reviewing their services against the guide. Currently working with Bexley and Lewisham to progress heart failure care.

Further information can be obtained by emailing [Alison Basa](#).

Acute stroke work stream

Site assessments

The HASU at the Princess Royal University Hospital (PRUH) will be assessed for A1(3) and A2(1) standards in May. The SUs at PRUH and Queen Elizabeth's Hospital (QEH) will be assessed for Band A2(2) standards in June.

SINAP data

Quarter 4 data for Stroke Improvement National Audit Programme (SINAP)/ London Minimum Data Set (LMDS) has received from all trusts.

Acute work stream meeting

Acute work stream meetings for SE and SW London will be held in May. For more information about these meetings, please contact [Helen O'Kelly](#).

Rehab stroke work stream

The South London Rehabilitation work stream meeting was held on 19th April.

The Network has finalised the work plan for stroke rehabilitation for 2012/13. Work will focus on :

- Psychological support
- Ensuring patients receive 45 minutes of therapy, as required
- Six month reviews

The group also reviewed the data collected. However, submission to the Network continues to be poor. The group also agreed to consider how to ensure the six month section of the new national data collection would be implemented in 2012/13.

Early supported discharge (ESD) and community stroke rehabilitation

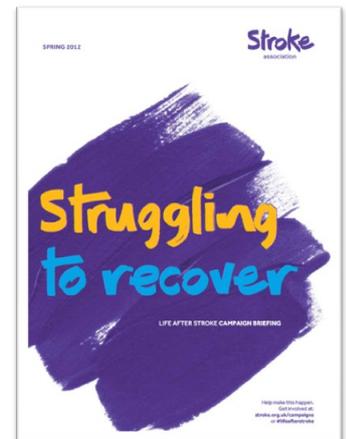
Clinical representatives from South London attended national ESD event. Following this successful event, Kingston and Bromley are taking work forward. The Network will be attending a meeting in Kingston in May.

The Network continues to work with boroughs where ESD services have not been commissioned to make the case for such services.

The National Stroke Improvement Programme is running a demand and capacity workshop with the community teams from Bexley, Bromley and Greenwich in May for additional guidance.

New report calls for better coordination in stroke

A new report released from The Stroke Association calls for improved support and increased coordination of health and social care services for UK stroke survivors and their families in order that they have better long term outcomes following a stroke.



Read the [SLCSN press release](#) and [download the report briefing](#).

Psychological support

Clinical teams from across South London attended a pan-London workshop to look at ways to improve psychological support for people who have had a stroke.

As a result, a number of teams are planning to hold a staff task group and carry out an audit of current services. This will be looked at in more detail at the South London Rehabilitation work stream meeting in July.

Commissioning and contract implications

CARDIAC

Cardiac rehabilitation tariff

A [£467 post-discharge rehab tariff](#) (from page 33 onwards) is being introduced by the Department of Health and will be mandatory for integrated providers (such as Lewisham, Guy's and St Thomas' and Croydon). It is expected to become mandatory for all providers in 2013/14. This is not an activity based tariff; it must be applied.

The Network has developed guidance for organisations on what the new tariff could mean for them.

STROKE

HASU and SU

See Appendix 1 for detail of HASU and SU progress against the performance monitoring framework as of 26th January. QEH and PRUH are still subject to the accreditation process.

All other units are subject to annual performance monitoring for 2012/13; plans are still being finalised by the London Clinical Advisory Group.

Acute and community service specification

The following service specifications have been agreed:

- [Community rehab and ESD](#)
- [Acute](#)

LCVP

No new issues

Decisions required

Cardiac

- Approval for QMAS data awaited from Bromley; all other boroughs have granted access
- Approval for SLCSN access to ePACT data awaited from all boroughs except Croydon

Stroke

No decision required

Vascular

Formal confirmation of plans including timescales for moves and date for completion of the centralisation of vascular services

Additional documents

- [Key risks/issues and mitigating actions](#) - A full risk log and mitigating actions is available on request.
- [Stroke performance update](#)
- [London Cardiovascular Project progress matrix](#)

Dates for your diary

17 May - Designing Clinical Networks | hosted by the London Cardiovascular and Stroke Networks; **SU Nursing Competencies meeting**

21-27 May - Heart Rhythm Week | hosted by Arrhythmia Alliance

22 May - SLCSN Industry Working Group | Regional Cardiac Update | hosted by Arrhythmia Alliance | British Hypertension Society Primary Care meeting [Programme](#) and [Registration](#)

28 May - SW London Acute Stroke Workstream meeting

20 June - SLCSN Arrhythmia Roundtable meeting

21 June - SLCSN Cardiovascular Prescribing Forum

27 June - London CVD Outcomes Strategy | hosted by Department of Health

17 July - 14th Learning Network event | hosted by NHS Health Check

19 July - SLCSN South London Rehabilitation meeting

14 September - SLCSN Joint South London Revasc meeting

Shine 2012 *Turn your ideas into good practice*

The Health Foundation has announced details of funding for 18 projects test innovative ideas for improving the quality of healthcare locally and gather evidence about its impact and effectiveness. All projects need to identify the costs and benefits of the intervention. The maximum award for each project is £75,000

- Supporting patients to be active partners in their own care
- Improving patient safety
- Improving quality while reducing costs.



South London Cardiovascular and Stroke Network

SRO:	Lucy Grothier, Director
Circulation:	NHS South East London and NHS South West London
Report for period:	1st-30th April 2012

London Cardiovascular Project update (*cont'd from front page*)

Vascular

South West

Complex arterial vascular surgery is centralised at St George's Hospital site.

No other sites in SWL are providing this service. The Network continues to work with site teams to support governance and delivery across the network.

South East

King's Health Partners (KHP) is working collaboratively to support the centralisation of inpatient services to the St Thomas' site. The additional hybrid theatre planned to open on St Thomas' site summer 2012 has encountered construction delays which will affect full centralisation and go live.

The new build is expected to open winter 2012. Plans are in place to ensure the model of care is delivered. Transfer to the centralised service will begin in July

and be completed by winter 2012. The Network will continue to work with the teams at KHP to support centralisation as per the plan and identify and report any delivery issues to the cluster where further support or intervention would be required.

New technologies

The New technologies work stream, led by London Specialist Commissioning Group (LSCG), have completed a draft process for reviewing and assessing the commissioning of new cardiac technologies at a pan-London level. The assessment process includes a review of financial and clinical impacts. The assessment tool was developed with the support of key stakeholders, cardiac surgeons, cardiologists, commissioners, public health leads and network representatives. Work will continue in 2012/13 led by LSCG with Network support.