



# Prevention of cardiovascular disease

Putting prevention first – the professional challenges

Imperial College London  
July 1st and July 2nd 2010



# Day 1 Thursday 1st July

**Chairs:** Professor John Deanfield (Chair JBS3) and Professor David Wood (Professor of Cardiovascular Medicine)

**10.00** **Cardiovascular disease prevention – the national agenda**  
Professor Roger Boyle (National Director for Heart Disease and Stroke, Department of Health)

**10.20** **Joint British Societies guidelines on CVD prevention in clinical practice (JBS3) – new recommendations.**  
Professor John Deanfield

## Vascular patients

### Secondary prevention and rehabilitation

**Chairs:** Professor Patrick Doherty (National Lead for Cardiac Rehabilitation) and Dr John Buckley (President BACR)

**10.40** **BACR standards for cardiovascular prevention and rehabilitation**  
Dr John Buckley

**11.00** **National audit of cardiac rehabilitation – what are the results for 2010**  
Professor Bob Lewin

**11.20** **Commissioning cardiac rehabilitation programmes – the new NHS Commissioning Pack**  
Professor Patrick Doherty

**11.40** **Vascular patients and prevention and rehabilitation in primary care**  
Dr Hayes Dalal

**12.00** **Patients with cerebro-vascular disease**  
Professor Philip Bath

**12.20** **Patients with peripheral arterial disease**  
Professor Gerard Stansby

**12.40** **Panel discussion:**  
All speakers

**13.00** **Lunch**

## Asymptomatic high risk individuals

### NHS Health Checks – Vascular Risk Assessment

**Chairs:** Jan Procter-King and Dr Fran Sivers  
(i) Cardiovascular risk estimation

**14.00** **Principles of CVD risk estimation**  
Professor Ian Graham

**14.20** **QRISK**  
Professor Julia Hippisley-Cox

**14.40** **Lifetime risk**  
Professor Andrew Briggs

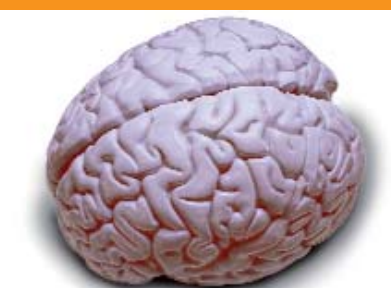
**15.00** **Panel discussion:**  
All speakers

**15.30** **Healthy break**

**16.00** **Atrial fibrillation and risk of CVD – diagnosis and management**  
Professor John Camm

**16.30** **Guest lecture**  
**New risk markers for cardiovascular disease – implications for clinical practice**  
Professor Guy de Backer (University of Ghent)

**17.30** **Reception**



# Day 2 Friday 2nd July

## NHS Health Checks

### Vascular Risk Management

**Chairs:** Dr Fran Sivers and Dr Susan Connolly

**09.00** **National implementation of health checks**

Elizabeth Lynam, Head of Vascular Programme, Department of Health

**09.20** **Practical experience of health check delivery in PCTs**

Professor Peter Kelly will host a round table discussion of practical experiences of PCTs in organising the delivery of health checks

**10.20** **Vascular Management – how to manage high risk patients in clinical practice**

Dr Susan Connolly

**10.40** **Healthy break**

**11.00** **Lipid management – how to improve?**

Dr Alan Rees (Chairman HEART UK)

**11.20** **Diabetes management – how to improve?**

Professor Philip Home (University of Newcastle)

**11.40** **Patients with chronic kidney disease**

Dr Donal O'Donoghue

**12.00** **Panel discussion:**

All speakers

**13.00**

**14.00**

**Chairs:**

**14.30**

**15.30**

**16.00**

### Lunch

### Blood pressure management – how to improve?

Professor Mark Caulfield (President BHS)

### National challenges for CVD prevention

Professor John Deanfield and Professor David Wood

### Case studies led by Dr Susan Connolly and the MyAction team: Dr Kornelia Kotseva, Sarah-Jane Clements, Catriona Jennings, Alison Mead, Jennifer Jones.

(i) A patient with an uncomplicated STEMI.

(ii) A patient with exertional angina.

(iii) A patient with atrial fibrillation

(iv) A patient with diabetes mellitus

(v) A patient with a CVD risk of 24% over 10 years

### Cardiovascular prevention – new professional challenges

Professor David Wood

### Close of meeting

First Announcement





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