



Implementing the DH cardiac rehab commissioning pack 10th May 2010

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Content of session

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 - Where we were?
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Cardiac Rehabilitation Services in Wandsworth

Cardiac rehabilitation takes place in four locations in the borough of Wandsworth. The map below shows the locations of each of these programmes, along with contact information and acceptance criteria. A range of rehabilitation options may be available for patients following individual assessment. Any of the contacts given below are happy to take queries if you are unsure where to refer a patient.

Community Cardiac Rehab Service

Wandsworth PCT
Mapleton Centre
86-88 Garratt Lane
London, SW18 4BY

Contact Nadia Dallsingh
Tel: 020 8812 5121/5459
Fax: 020 8812 5477
nadia.dallsingh@wpct.nhs.uk

Sessions at Latchmere Leisure Centre

Wednesday 14.00 – 16.00
Friday 13.00 – 15.00

Sessions at Wandle Recreation Centre

Tuesday 10.00 – 12.00
Thursday 11.00 – 13.00

Suitable for patients with a diagnosis of Heart Failure or Stable Angina and those who have had a recent cardiac event (MI or procedure)

Criteria – accepts patients who are registered with a Wandsworth GP practice

Latchmere Leisure Centre

Wandle Recreation Centre

Queen Mary's Hospital, Roehampton

St George's Hospital, Tooting

Community Cardiac Rehab Service

Physiotherapy Department
Queen Mary's Hospital, Roehampton Lane
London, SW15 5PN

Contact Judy Forster
Tel: 020 8487 6022
judy.forster@wpct.nhs.uk

Sessions Monday & Thursday pm; Thursday am

Suitable for patients who have had a recent cardiac event (MI or procedure), patients with an implantable cardiac defibrillator

Criteria – accepts patients with an SW15 or SW19 postcode

St George's Cardiac Rehab

Atkinson Morley Wing
St George's Hospital
Blackshaw Road, Tooting
London SW17 0QT

Contact Caroline Sutherland
Tel: 020 8725 1396
Fax: 020 8725 0476
caroline.sutherland@stgeorges.nhs.uk

Sessions

Monday pm, Tuesday pm, Wednesday am, Thursday pm

Suitable for patients who have had a recent cardiac event (MI or procedure), patients with an implantable cardiac defibrillator

Other – accepts patients with a Wandsworth postcode, patients with a SW16, CR4, SW19, SW20, postcode



Where we were?

- 3 separate & disparate services trying to deliver cardiac rehabilitation services across Wandsworth.
- Community Services Wandsworth (CSW) integrated with St. Georges Healthcare in October 2010.



Disparity of services

- Inclusion criteria (diagnostic/postcodes)
- Capacity & no. of sessions offered
- Documentation
- Funding & funding streams
- Venues of service delivery
- IT Data collection & appointment systems



What we did?

- Signed up as a pilot site for implementing commissioning pack with SLCSN & NHS improvement.
- Reviewed results of previous mapping process (Feb 2010) against commissioning pack & current services.
- On-site review & comparison of services.
- Engaged with PCT – GP, commissioner & LIT, PH, acute trust GM, lead cardiologist, clinical teams and line management.



What we did?

- Developed a project plan for NHS imp. pilot - based on standardising stages 2 & 3.
- Developed a pathway plan for Wandsworth based on comm. pack & other national/clinical recommendations-
(BACR 2007, ACPICR 2009, NICE—eg. post MI, HF,)
- Clinical leads met to start aligning services ie documentation/referral criteria etc.
- Started collecting standardised data based on commissioning pack performance measures.



What worked?

- Engaging with local PCT produced very positive response to the aims of the project and integration of services.
- PH – looking at community services aligned to CR to improve liaison, consistency & follow-on services.
- Acute trust GM – keen to improve pt pathways & addressing funding issues with local PCT's.
- Ongoing discussion/meetings with clinical leads re how to implement comm. pack.



Using the commissioning pack

- Moving from phases to stages!
- Stages 2 (assessment) & 3 (care planning) chosen as priority for project
 - First part of process all centres involved in.
 - Aware of disparity within these processes between each centre – aim to align.
 - Key to ongoing CR intervention
 - This process could start as an in-patient or out-patient – hence need to align documentation/IT systems to prevent duplication etc.



The Future

- “Virtual integration project”
- Central referral system
 - Include patient assessment documentation
- Aligned inclusion criteria.
- Demand & capacity review – identify different ways of delivering CR to increase uptake
- Performance data collection to monitor above.
- Peer review of all services – to ensure quality
- Integrated staff rota with equal MDT input
- Identified funding stream