

# Community Cardiology Project - Bexley Care Trust

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# Initial Principles

- Provide services close to the patient
- Maintain patient choice
- Short waits
- High quality
- Value for money

# Principles of Delivery

- Shift procedures safely from hospitals into the community
- Hospitals to excel in services that only they can provide
- Patient booking for choice and all other purposes will be achieved through the PMC
- Diagnostics not to be repeated with onward referral

# Willing Provider Model

- Elective services
- Can be more than one provider for a service
- No guarantee of volume or payment
- No value is attached to the contract

# Phase 1

- Commenced December 2007
- Diagnostic service (PML)
  - ECG
  - Echocardiogram
  - 24-hr ECG
  - 24-hr BP

# Phase II

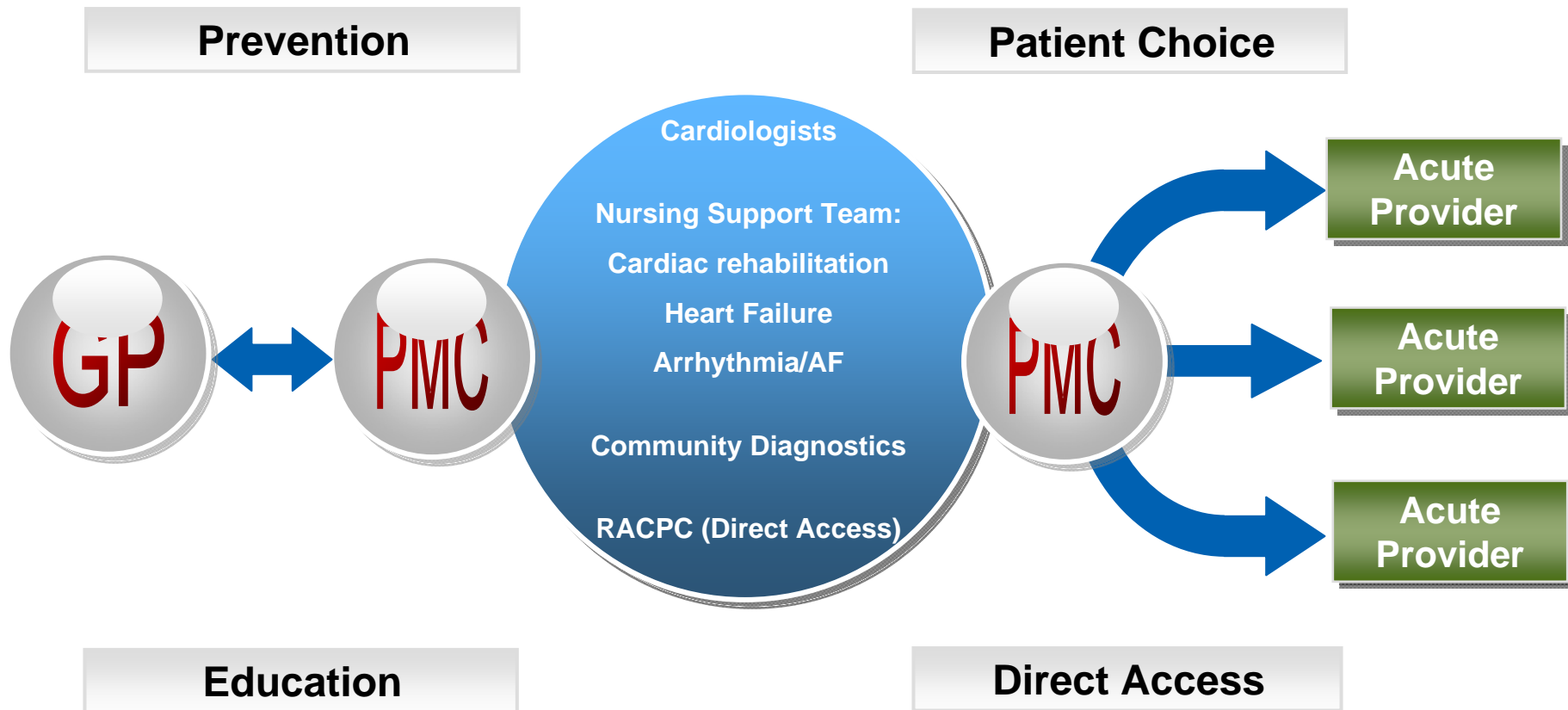
- Lessons learnt from diagnostic service
- Care Trust priorities
- April 2008
- Pilot and evaluation phase of services
- Cardiology clinics from 3 sites
- Cardiac rehabilitation (phase III)

# Phase III

- Cardiologist clinics
- Cardiac rehabilitation service (phase II & III)
- Heart Failure service
- AF/Arrhythmia
- RACPC

# Operational Model

## Community Cardiology Operational Model





# Services

- **Cardiologist clinics**

- 4 per week in 4 locations

- **Heart Failure**

- 2 nursing clinic per week
- 1 heart failure cardiologist clinics per month

- **Cardiac rehabilitation**

- In 2 community locations

# Cardiac Rehabilitation

- Rehabilitation programme including pulmonary
- S&C Healthcare Partnership
- Pilot terminated 2<sup>nd</sup> March 09
- New service due to commence 9<sup>th</sup> June 09

# Cardiac Rehabilitation

- Service specifications and quality standards
- Minimum 2 community venues
- Exercise programme for low-moderate risk
- Group and home programme
- Education programme

# Next Step

- Planning and implementation
- Venues
- Equipment
- NACR
- Staffing
  - BACR phase IV accredited fitness instructors
  - Service co-ordinator
  - Cardiac rehabilitation nurse ‘sessions’
  - AHPs

# Conclusion

- Innovative & ambitious programme
- Interesting process
- Achieve the principles of the programme
- Evaluation of services
- Expansion and development